

THE GLOVER'S LEDGER

A Monthly Newsletter

welcome! // Kolipaid!

Toni Iatsool wanibagol? // What colors are the leaves? The question is...what colors AREN'T the leaves!? The last days of Penibagos//the leaf-falling moon are passing with a beautiful array of reds and golds. Happy fall, and the best wishes from our neck of the woods, to yours. Take care // wlinanawalmezi

Glover's Ledge was established on N'dakinna, the unceded ancestral homelands of the Western Abenaki peoples past and present. We acknowledge and honor with gratitude the land (ki), the water (nebi) and the alnôbak (people) who have stewarded N'dakinna through generations and continue to do so today.

Iatsool: LAT-so-ahl || Penibagos: Pen-EE-bah-gos

My thanks and gratitude to Jesse Bruchac for his teaching of the Abenaki language. See westernabenaki.com for more.

FOSTERING A DEEPER CONNECTION WITH NATURE THROUGH NATURE JOURNALING

by Grace DeMeo

If you feel like you're looking for a new way to engage and connect with the natural world this fall, nature journaling may be a window into a new form of appreciation. It can be done almost anywhere, by those who are new to nature learning and those who are life-long learners. You can study large towering oak trees, or quietly observe the moss growing in the cracks of your sidewalk. It's a simpler question than you think: How can you use your senses to experience the world?

The reward for these half-attempts will eventually be full attempts, and a rich tapestry of observations that inform your knowledge of the natural world. Consider putting down the bird lists and binoculars this fall, and instead pick up a pencil and paper.

Each time we venture into the natural world, we're offered an opportunity to condense and save those observations, those sensory thoughts in the form of a nature journal. It offers us a moment to breathe deep, slow down and show gratitude for the ecosystems around us. Developing an appreciation for the visual aspects of nature can help foster a connection with nature that is unique from other forms of nature appreciation. Interesting moments create interesting memories.

Students and adults alike get frustrated by the fear of the blank page. There is a pressure to "do well." Remember that the goal of nature journaling is to form a relationship with nature. Any relationship takes time, effort and forgiveness to foster positive results. You don't have to get it right on the first try. You get to rip pages out you don't like! You get to spend an hour on a piece of grass. You can scribble things out and start over, leave sentences unfinished and drawings half-done.



by Grace DeMeo (upper & lower) and Dayna Wallace (left)



UPCOMING EVENTS

@ Glover's Ledge and nearby

OCT 30: 6-8:00PM

AN EVENING OF SPOOKY NATIVE AMERICAN TALES FROM NDAKINNA WITH RENOWNED STORYTELLING TRIO JOSEPH, JAMES, AND JESSE BRUCHAC @ ZOOM - REGISTER [HERE](#)

NOV 3-18: DAWNLAND SCREENINGS

TUNE IN FOR NATIVE AMERICAN HERITAGE MONTH [HERE](#).

NOV 10: 6-7:30PM

INTRO TO ABENAKI LANGUAGE WITH LANGUAGE STUDENT SARA LOBDELL @ [ZOOM](#)

NOV 14: 6:00PM *AUNE STUDENTS ONLY*

OWL PROWL WITH ANTIOCH BIRD CLUB @ GLOVER'S LEDGE

FALL BIRD HIKE

A big thank you to Kim Snyder, Antioch Bird Club Co-leader, for teaching us about the sounds and habits of the birds of Glover's Ledge! We logged 13 bird species, and saw a few exciting non-bird critters along the way. Don't miss our next ABC event, Owl Prowl, November 14th @ 6pm!

INDIGENOUS PEOPLES' DAY & NATIVE AMERICAN HERITAGE MONTH

ON OCTOBER 12TH, 2020, COMMUNITIES ACROSS THE LAND NOW KNOWN AS THE UNITED STATES CELEBRATED INDIGENOUS PEOPLES' DAY, A CELEBRATION AND HONORING OF INDIGENOUS CULTURE, PRESENCE, AND HISTORY HELD ANNUALLY ON THE SECOND TUESDAY OF OCTOBER. IN CELEBRATION OF INDIGENOUS PEOPLES' DAY AND NOVEMBER, NATIONAL NATIVE AMERICAN HERITAGE MONTH, CHECK OUT THE RESOURCES BELOW AND CONSIDER ATTENDING AN UPCOMING EVENT TO LEARN FROM AND ABOUT THE ABENAKI PEOPLES OF NDAKINNA; THE LAND THAT GLOVER'S LEDGE WAS ESTABLISHED ON.

TO READ:

[INDIGENOUS NH UNPACKING THE INVISIBLE KNAPSACK OF SETTLER PRIVILEGE](#)
[NATIVE AMERICAN ANTI-RACISM](#)

TO WATCH:

[NOLUMBEKA RIVER STORIES: TWO RIVERS](#)
[WHO ARE THE ABENAKI: PAST, FUTURE AND PRESENT](#)

JOIN THE TEAM!!

The staff at Glover's Ledge seek support for the creation of interpretive signage along a soon-to-be barrier-free trail. The goals for the signage are to increase visitor engagement with and connection to the landscape and educate about land use past and present. Email ppalmiotto@antioch.edu for more information!

Thanks for Visiting!!

WE WANT TO HEAR FROM YOU! HAVE AN IDEA FOR AN ARTICLE?

CONTACT: [@SARA LOBDELL \(SLOBDELL@ANTIOCH.EDU\)](mailto:SARA LOBDELL (SLOBDELL@ANTIOCH.EDU))

GLOVER'S LEDGE ENVIRONMENTAL EDUCATION/OUTREACH COORDINATOR



- BIRD OF THE MONTH -

HERMIT THRUSH

by Kim Snyder

Photo: Macaulay Library, Leonard Blass

Quiet and reddish, this thrush is one of the most widely-distributed forest birds in North America. It is one of the last migrants to leave so look for it among the fallen leaves at Glover's Ledge! >[Songs](#)

Nature Journaling with John Muir Laws

INSPIRED BY GRACE'S ARTICLE? COME ON OUT TO GLOVER'S LEDGE TO PRACTICE NATURE JOURNALING, AND JOIN ONE OF [THESE](#) WORKSHOPS TO LEARN MORE!

HELP WANTED

facebook.com/gloversledge
gloversledge.weebly.com

How to get to Glover's Ledge:

212 Cheshire Turnpike, Langdon, NH 03602.
43°08'49.2"N, 72°23'45.5"W

From Keene, there are several options:

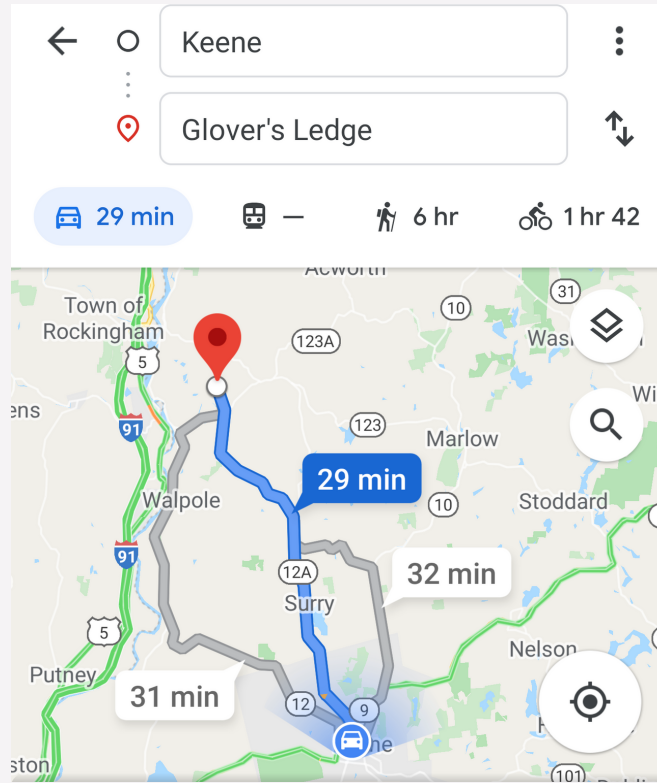
29 Min Option:

- Start by heading North out of Keene up Court St.
- Turn Right onto Rte 12A at the traffic circle
- Turn Left onto Walpole Valley Rd, which turns into Valley Rd
- Turn Right onto Old Cheshire Turnpike
- Once in Drewsville, turn Right at the General Store to Whitcomb Rd/Rte 123.
- Continue straight onto Cheshire Turnpike.
- Glover's Ledge will be one mile ahead on your Right. You will know you have arrived when you see the wooden sign for Glover's Ledge at the driveway, a large white barn and landscape surrounded by a white fence. Hubbard Farms, a chicken farm, across the street. If you reach Great Brook Forest Products, or the Langdon Covered Bridge, you've gone too far. You may park in the open space next to the building.

31 Min Option:

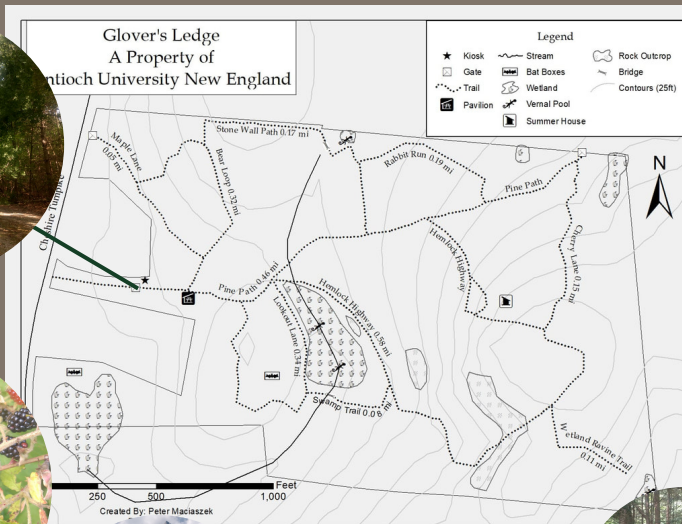
- Start by heading North on Route 12 out of Keene towards Walpole.
- Turn right onto Upper Walpole Road. You will see a sign for Hubbard Park at this turn.
- Turn right on Route 123 S.
- Continue past the Drewsville General Store (Route 123 takes a slight bend left after the store) until you reach a flashing yellow light.
- Continue straight onto Cheshire Turnpike.
- One mile ahead, on the right, is Glover's Ledge. You will know you have arrived when you see the wooden sign for Glover's Ledge at the driveway, a large white barn and landscape surrounded by a white fence. Hubbard Farms, a chicken farm, across the street. If you reach Great Brook Forest Products, or the Langdon Covered Bridge, you've gone too far. You may park in the open space next to the building.

***Google Maps Warning*:** 2 locations will come up when you search Glover's Ledge; one with an apostrophe, one without. The location WITH the apostrophe, off of Cheshire Turnpike, is correct.



At Glover's Ledge: Explore the trails!

What habitats can you find along the way?



Check out the "Glover's Ledge" project on iNaturalist and make your own observations!