

JUNE 24, 2020

# THE GLOVER'S LEDGER

A Monthly Newsletter

WELCOME!!!KOLIPAIÔ!

SUMMER//NIBEN IS IN FULL LEAF AT GLOVER'S LEDGE. SWALLOWTAIL BUTTERFLIES ALOFT ON THE BREEZE, BLUETS HAVE GIVEN WAY TO DAISIES, AND GREEN FROGS SOUND WHERE PEEPERS WERE ONCE A'PEEPIN. WE HOPE TO SEE YOU SOON AND SEND WELL WISHES FROM OUR NECK OF THE WOODS, TO YOURS. ~TAKE CARE//WLINANAWALMEZI

Glover's Ledge was established on N'dakinna, the unceded ancestral homelands of the Western Abenaki peoples past and present. We acknowledge and honor with gratitude the land and the water and the alnôbak (people) who have stewarded N'dakinna through generations.

*Each month we will share a bit of the Western Abenaki story and/or language of this land.*

*Kolipaiô: Koo-LEE-pie-oh (nasal "o") || Niben: Nee-BIN || Wlinanawalmezi: oo-lee-nana-WAHL-mezi*

## JUNE HEMLOCK

article and photos by Sarah Welch

Hemlock trees are flush with light green new growth right now, making June the perfect time to harvest a few needles for cooking. Hemlock is rich in vitamins and has a citrusy flavor that substitutes well for rosemary. The crackers recipe below, adapted from *Veganize It!* by Robin Robertson, pairs hemlock with Parmesan for a crunchy, savory snack. Be sure to harvest only what you need from mature trees unaffected by hemlock woolly adelgid.

### Ingredients:

- 1 cup flour
- ½ tsp baking powder
- ½ tsp salt
- 1 tbsp hemlock needles
- 2 tbsp grated Parmesan
- 1 tbsp cold butter
- 1 tbsp olive oil
- 1 tsp lemon juice or vinegar
- 5-6 tbsp cold water

1. Preheat oven to 350 degrees.
2. Combine dry ingredients, hemlock, and Parmesan in a bowl or food processor.
3. Cut, rub, or pulse in butter and olive oil til mixture resembles coarse sand.
4. Sprinkle in lemon juice, and gently mix in 1 tbsp of water at a time til dough is just combined.
5. Divide dough in half, and roll out between sheets of parchment paper to 1/16" thickness. Slice to desired shapes and sizes, and prick with a fork.
6. Place rolled-out dough on parchment-covered cookie sheets, and refrigerate or freeze for 15 minutes.
7. Remove sheets from freezer, and bake 15-18 minutes til crackers are crispy and golden.

## UPCOMING EVENTS

July 5th, 2020

\*Last\* Socially Distant Bioblitz:

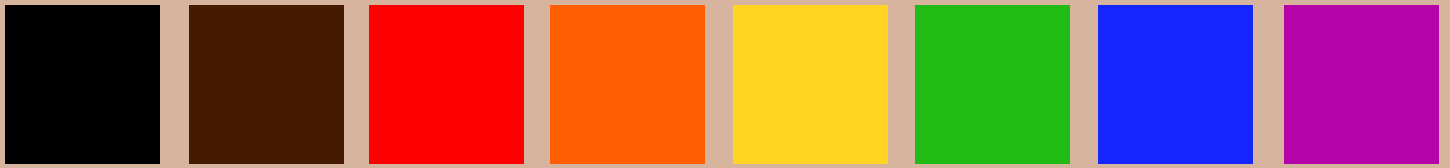
<https://www.inaturalist.org/projects/socially-distant-bioblitz-7-5-2020>



Identify hemlock by the two parallel white lines on the back of the needle, which are missing on similar but poisonous yew. Unlike poison hemlock, a weedy plant, the needles of hemlock trees are safe to consume.

# ADVENTURE AWAITS

**Color Bingo!** At Glover's Ledge, or a spot near you, match these colors to what/whom you find around you. Send us a photo of your Bingo for a shoutout in the next Ledger!



Fun fact: June is LGBTQ Pride Month - these colors are the colors of the Pride Flag. Happy Pride!

## BIRD OF THE MONTH: RUFFED GROUSE

CAPTION: STEVEN LAMONDE, PHOTO: LUCAS BOBAY

YEAR-ROUND RESIDENT OF GLOVER'S LEDGE, THIS SECRETIVE BIRD IS HARD TO SEE – BUT EASY TO HEAR. MALE GROUSE PUMP THE AIR WITH THEIR WINGS TO PRODUCE A DRUMMING SOUND THAT CAN BE HEARD UP TO A QUARTER OF A MILE AWAY.



## JUST RELEASED ON WEEBLY Technical Bulletin 006

Wetlands survey of Glover's Ledge drawn from alumna Katie Kinsella's 2016 master's project.

## Reflections ~

*A space for student thoughts, poetry, art, and commentary. Email your Reflections to [slobdell@antioch.edu](mailto:slobdell@antioch.edu) to be featured.*

As I wandered Glover's Ledge, gathered photos, and sat peacefully in the pavilion thinking about what I might write in this issue I felt incredibly grateful. As a queer woman, the movement that led to the Ledge's conservation was not made for people like me, me yet there I peacefully sat. The outdoors are not a safe or welcoming space for everyone, and I wondered what role I might play in changing the narrative.

Many have already been working to change that narrative. The Rusty Anvil works locally to, "reconnect[t] marginalized communities to their place within the natural world." The Climate Justice Alliance and Indigenous Environmental Network work nationally. These groups were good first steps for me, and I'm curious from where others have been learning and taking action. I look forward to the JLC's social justice workshops this fall. -Sara



## MYSTERY MUSHROOM

PHOTOS: SARA LOBDELL



THIS BEAUTY WAS SPOTTED NEAR THE HILL-TOP BAT BOXES IN A SEMI-SHADED AREA...CAN YOU IDENTIFY THIS MUSHROOM??

To submit a reflection, question, or comment, contact:  
GL Environmental Education/Outreach Coordinator:  
Sara Lobdell ([slobdell@antioch.edu](mailto:slobdell@antioch.edu))

# THANK YOU FOR VISITING!

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